







West Bend Mallard Community School District

				Salad Bar Daily for grades 5-12		Menu Subject to Change Applicable Substitutes may be used		
				This institution is an equal opportunity provider.				
		Tues., October 1, 2019	Wed., October 2, 2019	Thurs., October 3, 2019	Fri., October 4, 2019			
		Breakfast: Scrambled Eggs, Toast, Fruit, Juice, Milk Lunch Chicken Tetrazinni Bread Stick Carrots Peas Pears or Peaches Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Crispito Mex Dip w/Chips Corn Fresh Fruit Choice Milk	Breakfast: Oatmeal, Toast, Fruit, Juice, Milk Lunch Italian Pasta Lima Bean Green Beans Rosy Applesauce Roll Milk	Breakfast: Donut, Fruit, Juice, Milk Lunch Corn Dog Tri Taters Broccoli w/Cheese Mixed Fruit Oranges Milk			
Mon., October 7, 2019	Tues., October 8, 2019	Wed., October 9, 2019	Thurs., October 10, 2019	Fri., October 11, 2019				
Breakfast: Biscuit & Sausage Gravy, Fruit, Juice, Milk Lunch Hot Ham & Cheese Tater Tots Glazed Carrots Bananas or Apricots X-grain (HS) Milk	Breakfast: Strudel, Fruit, Juice, Milk Lunch Beef & Noodles Cheddar Biscuit Broccoli Mixed Vegetable Grapes or Pears Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Maidrites Sweet Potato Fries Green Beans Applesauce or Pineapple Milk	Breakfast: French Toast, Sausage, Fruit, Juice, Milk Lunch Mac & Cheese Pumpkin Bread Peas Peaches Mandarin Oranges Milk	Breakfast: Egg Bake w/Ham, Fruit, Juice, Milk Lunch Brats w/W.G. Bun Sauerkraut Baked Beans Corn Applesauce Mixed Fruit Milk				
Mon., October 14, 2019	Tues., October 15, 2019	Wed., October 16, 2019	Thurs., October 17, 2019	Fri., October 18, 2019				
Breakfast: English Muffin w/ Ham & Egg, Fruit, Juice, Milk Lunch Scalloped Potatoes & Ham Cornbread Peas & Carrots Peaches or Pineapple Milk	Breakfast: Pancake on Stick, Fruit, Juice, Milk Lunch Fish Nuggets (K-4) Fish Sandwich (5-12) French Fries Coleslaw Applesauce or Pears Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Cowboy Cavatini Texan Beans Green Beans Mixed Fruit Applesauce Cake Milk	Breakfast: Muffins, Fruit, Juice, Milk Lunch Chicken Nuggets Baked Potato Black Beans & Rice Corn Pears in Jello Apples Milk	Breakfast: Breakfast Breadstick w/salsa, Fruit, Juice, Milk Lunch Pizza California Blend Carrots Citrus Fruit Cup Peaches Milk				
Mon., October 21, 2019	Tues., October 22, 2019	Wed., October 23, 2019	Thurs., October 24, 2019	Fri., October 25, 2019				
Breakfast: Pancake, Sausage Link, Fruit, Juice, Milk Lunch Country Beef Patty Mashed Potato & Gravy Dinner Roll Green Beans Applesauce or Peaches Milk	Breakfast: Omelet, Toast, Fruit, Juice, Milk Lunch Chicken Patty/Bun Sweet Potatoes & Apples Broccoli Pineapple or Pears Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Turkey/Ham Sub Baked Chips Baked Beans Strawberries & Banana Ice Cream Milk	Breakfast: Breakfast Pizza, Fruit, Juice, Milk Lunch Spaghetti French Bread Garlic Parm Peas Mixed Fruit or Strawberries & Blueberries Milk	Breakfast: Coffee Cake, Fruit, Juice, Milk Lunch Soft Shell Taco Refried Beans Corn Spanish Rice Pineapple or Orange Slice Milk				
Mon., October 28, 2019	Tues., October 29, 2019	Wed., October 30, 2019	Thurs., October 31, 2019	GRADES K - 12				
Breakfast: Waffles, Fruit, Juice, Milk Lunch Chicken Parm w/Noodles It. Blend Vegetables Fresh Fruit Choices Milk	Breakfast: Scrambled Eggs, Toast, Fruit, Juice, Milk Lunch Hamburger w/Bun Fries Mixed Vegetable Applesauce or Peaches Rice Krispie Bar	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Ham & Swiss Penne Peas & Carrots Broccoli & Cauliflower Peas or Apricots Milk	Breakfast: Oatmeal, Toast, Fruit, Juice, Milk Lunch Burrito Chips w/Black Bean Corn Salsa Green Beans Mixed Fruit Extra Fruit Choice Milk	Optional Everyday Breakfast Choices Cereal Yogurt PBJ Add a Fruit & Milk or Juice to make a Reimbursable Meal 5-12 Additional Breakfast Choices Bagels w/c cheese Poptarts Cereal Bars Long John				

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GRADES K - 12					Fri., November 1, 2019
Optional Everyday Breakfast Choices Cereal Yogurt PBJ Add a Fruit & Milk or Juice to make a Reimbursable Meal 5-12 Additional Breakfast Choices Bagels w/c cheese Poptarts Cereal Bars Long John	Salad Bar Daily for grades 5-12 Menu Subject to Change Applicable Substitutes may be used				NO SCHOOL Parent-Teacher Comp Day 
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Mon., November 4, 2019	Tues., November 5, 2019	Wed., November 6, 2019	Thurs., November 7, 2019	Fri., November 8, 2019	
Breakfast: Biscuit & Gravy, Ham, Fruit, Juice, Milk Lunch Beef Stroganoff Green Beans Baked Potato Fresh Fruit Choice Extra Grain HS Milk	Breakfast: Strudel, Fruit, Juice, Milk Lunch Pork Tender w/W.G. Bun Candied Beets Corn Applesauce Peaches Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Chicken Fajita Taco Fiesta Beans Peas Onion & Peppers Pineapple Applecrisp Milk	Breakfast: French Toast, Sausage, Fruit, Juice, Milk Lunch Calzone Garlic Parm Broccoli Romaine Pears or Mixed Fruit Milk	Breakfast: Egg Bake, Fruit, Juice, Milk Lunch Hot Dog w/W.G. Bun Tri Taters Carrots Mandarin Orange Milk	
Mon., November 11, 2019	Tues., November 12, 2019	Wed., November 13, 2019	Thurs., November 14, 2019	Fri., November 15, 2019	
Breakfast: Ham & Egg, English Muffin, Fruit, Juice, Milk Lunch Mr. Rib w/W.G. Bun Mashed Potatoes Cheesy Green Beans Rosy Applesauce Peas Rice Pudding Milk	Breakfast: Pancake on Stick, Fruit, Juice, Milk Lunch Chicken Tetrizzini Romaine Peas Bread Stick Peaches Pineapple Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Crispito w/Cheese Sauce Spanish Rice Carrots Fresh Fruit Choice Zucchini Bread Milk	Breakfast: Muffins, Fruit, Juice, Milk Lunch It. Pasta Bake Cheddar Biscuit California Blend Mixed Fruit Milk	Breakfast: Breadstick,, Fruit, Juice, Milk Lunch Corn Dog Mixed Vegetable Tater Tots Apple or Orange Slices Milk	
Mon., November 18, 2019	Tues., November 19, 2019	Wed., November 20, 2019	Thurs., November 21, 2019	Fri., November 22, 2019	
Breakfast: Pancakes, Sausage, Fruit, Juice, Milk Lunch Hot Ham & Cheese Baked Beans Candied Sweet Potatoes Peaches or Pineapple X-grain HS Milk	Breakfast: Omelet, Toast, Fruit, Juice, Milk Lunch Chicken & Biscuit Peas and Carrots Apricots Mixed Fruit Milk	Breakfast: Egg & Cheese Biscuit, Sausage, Fruit, Juice, Milk Lunch Turkey Roast Stuffing Mashed Potatoes & Gravy Green Bean Casserole Pears in Jello Pumpkin Dessert Milk	Breakfast: Breakfast Pizza, Fruit, Juice, Milk Lunch Chili Raw Vegetables Crackers Cinnamon Roll Fresh Fruit Fruit Juice Milk	Breakfast: Omelet, Toast, Fruit, Juice, Milk Lunch It. Chicken Griller Savory Rice Corn Broccoli w/cheese Mandarin Orange Milk	
Mon., November 25, 2019	Tues., November 26, 2019	Wed., November 27, 2019	Thurs., November 28, 2019	Fri., November 29, 2019	
Breakfast: Waffles, Sausage, Fruit, Juice, Milk Lunch Scalloped Potato & Ham Cornbread Candied Carrots Strawberries & Blueberries Milk	Breakfast: Scrambled Eggs, Toast, Fruit, Juice, Milk Lunch Chicken Nuggets Mashed Potatoes Green Beans Peas Cookie Milk	NO SCHOOL Thanksgiving Holiday Break 	NO SCHOOL 	NO SCHOOL 