




West Bend Mallard Community School District

| | Tues., November 1, 2022 | Wed., November 2, 2022 | Thurs., November 3, 2022 | Fri., November 4, 2022 |
|--|--|--|--|--|
|  | Breakfast: Stuffed Pretzels, Fruit, Juice, Milk Lunch Chicken Nuggets Ranch Mashed Potatoes Broccoli Carrots Peaches or Pears Extra Grain HS Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Beef Stroganoff Bread & Butter Cali Blend Vegetables Peas Mandarin Orange Mixed Fruit Milk | Breakfast: Power Bites & Toast, Fruit, Juice, Milk Lunch BBQ Sandwich Calico Beans Potato Fresh Fruit Sunchips Milk | No School Comp Day |
| Mon., November 7, 2022 | Tues., November 8, 2022 | Wed., November 9, 2022 | Thurs., November 10, 2022 | Fri., November 11, 2022 |
| Breakfast: Egg/Bacon Croissant, Fruit, Juice, Milk Lunch Scalloped Potatoes & Ham Cornbread Green Beans Carrots Peaches Mixed Fruit Milk | Breakfast: Pancake on Stick, Fruit, Juice, Milk Lunch Haystacks (taco meat, rice, crushed tortilla chips) Refried Beans Corn Pears Cowboy Fruit Salad Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Maidrites Baked Beans Broccoli Spaghetti Corn Applesauce or Apricots Milk | Breakfast: Coffeecake, Fruit, Juice, Milk Lunch Cheesey Pull Apart w/ Dipping Sauce Sweet Potatoes and Apples Peas Fresh Fruit Crisp Milk | Breakfast: Breakfast Bar & Toast, Fruit, Juice, Milk Lunch Corn Dogs Raw Vegetables Fresh Fruit Bar Milk |
| Mon., November 14, 2022 | Tues., November 15, 2022 | Wed., November 16, 2022 | Thurs., November 17, 2022 | Fri., November 18, 2022 |
| Breakfast: Pancakes, Fruit, Juice, Milk Lunch Spaghetti Breadstick Romaine Lettuce Broccoli Bananas or Peaches Milk | Breakfast: Omlet w/Toast, Fruit, Juice, Milk Lunch Chips N Queso Corn & Black Bean Salsa Corn Mexican Mixed Vegetable Mixed Fruit Mixed Berry Cup Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Open face Hot Turkey & Gravy Mashed Potatoes Green Bean Casserole Apple Orange Fruit Salad Pears in Jello Pumpkin Dessert Milk | Breakfast: Oatmeal, Fruit, Juice, Milk Lunch Tamales in Green Chili Sauce Ranchero Beans Mixed Vegetables Strawberries & Bananas Pineapple Milk | Breakfast: Egg Bale & Toast, Fruit, Juice, Milk Lunch Hot Dogs w/WG Bun Waffle Fries Raw Vegetables Fresh Fruit Milk |
| Mon., November 21, 2022 | Tues., November 22, 2022 | Wed., November 23, 2022 | Thurs., November 24, 2022 | Fri., November 25, 2022 |
| Breakfast: Waffles, Fruit, Fruit, Juice, Milk Lunch Chicken Alfredo Garlic Bread Carrots Broccoli Pears Milk | Breakfast: Cinnamon Rolls & Sausage Link, Fruit, Juice, Milk Lunch Flying Saucers (bread, ham, mashed potatoes) Green Beans, Applesauce Fresh Fruit Milk | No School  | No School HAPPY THANKSGIVING DAY  | No School  |
| Mon., November 28, 2022 | Tues., November 29, 2022 | Wed., November 30., 2022 |  | |
| Breakfast: Scrambled Eggs & Toast, Fruit, Juice, Milk Lunch Tator Tot Casserole Bread & Butter Mixed Vegetables Mixed Fruit Berry Applesauce Milk | Breakfast: French Toast, Fruit, Juice, Milk Lunch Chicken Parm Garlic Parm Noodles Cheesy Broccoli It. Blend Vegetables Peaches Apples Slices Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Hot Ham & Cheese Potato Calico Beans Pineapple Pears Extra Grain HS Milk | | |

This institution is an equal opportunity provider.

Other Breakfast Options Available Daily








Cereal Uncrustables Breakfast Breads Yogurt & Granola

2022



Menu Subject to Change
Applicable Substitutes
may be used

West Bend Mallard Community School District

| | | | | |
|--|---|---|--|--|
|  | | Thurs., December 1, 2022 | Fri., December 2, 2022 | |
| | | Breakfast: Breakfast Pizza, Fruit, Juice, Milk Lunch Soup & Salad Cheeseburger Chowder Soup Crackers & Breadstick Romaine, Raw Vegetables Fresh Fruit Milk | Breakfast: Muffins, Fruit, Juice, Milk Lunch Calzones Green Beans Carrots Fruit Choice Cookie Milk | |
| Mon., December 5, 2022 | Tues., December 6, 2022 | Wed., December 7, 2022 | Thurs., December 8, 2022 | Fri., December 9, 2022 |
| Breakfast: Egg/Bacon Croissant, Fruit, Juice, Milk Lunch Meatloaf Hot Roll Mashed Potato & Gravy Cali Blend Rosy Applesauce Mixed Fruit Milk | Breakfast: Pancake on Stick, Fruit, Juice, Milk Lunch Chicken Pot Stickers Fried Rice Stir Fry Vegetables Carrots Bananas Mandarin Oranges Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Hamburger w/WG Bun Cheese, Lettuce, Tomato Broccoli Green Beans w/Bacon Peaches Apple Slices Extra Grain HS Milk | Breakfast: Coffee cake, Fruit, Juice, Milk Lunch Soft Shell Taco Lettuce, Tomato, Onion Refried or Taco Beans Corn Pineapple Cowboy Fruit Milk | Breakfast: Stuffed Pretzels, Fruit, Juice, Milk Lunch Chicken Patty w/WG Bun Baked Beans Peas Pears Fresh Fruit Milk |
| Mon., December 12, 2022 | Tues., December 13, 2022 | Wed., December 14, 2022 | Thurs., December 15, 2022 | Fri., December 16, 2022 |
| Breakfast: Waffles, Fruit, Juice, Milk Lunch Chicken Melt w/WG Bun Sweet Potato & Apples Peas Pears Citrus Fruit Cup Extra Grain HS Milk | Breakfast: Omelet w/Toast, Fruit, Juice, Milk Lunch Lasagna French Bread Broccoli Summer Fruit Salad Strawberry Applesauce Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Crisпитos Refried Beans Spanish Rice Mexican Corn Mixed Berry Cup Apricots Milk | Breakfast: Oatmeal, Fruit, Juice, Milk Lunch Soup & Salad White Chili Cornbread/Crackers Romaine Fresh Fruit Milk | Breakfast: Egg Bake & Toast, Fruit, Juice, Milk Lunch Cheesy Ham & Noodles Bread & Butter Mixed Vegetables Peas & Carrots Mixed Fruit Peaches Milk |
| Mon., December 19, 2022 | Tues., December 20, 2022 | Wed., December 21, 2022 | Thurs., December 22, 2022 | Fri., December 23, 2022 |
| Breakfast: Biscuits & Gravy, Fruit, Juice, Milk Lunch Italian Pasta Bake Corn Peas Rosy Applesauce Honey Biscuits Milk | Breakfast: French Toast, Fruit, Juice, Milk Lunch Rodeo Burger (BBQ burger w/Cheese & Onion Rings) Rancho Beans Sweet Potato Fries Bananas Orange Slices Milk | Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Chicken Enchiladas w/Sour Cream & Green Chili Sauce Mexican Mixed Vegetables Cheesy Broccoli Pineapple Hawaiian Fruit Milk | Breakfast: Cook's Choice Lunch Pizza Raw Veggies Additional Vegetable Fresh Fruit Milk | No School Winter Break  |
| Mon., December 26, 2022 | Tues., December 27, 2022 | Wed., December 28, 2022 | Thurs., December 29, 2022 | Fri., December 30, 2022 |
| No School Winter Break  | No School Winter Break  | No School Winter Break  | No School Winter Break  | No School Winter Break  |

Menu Subject to Change
Applicable Substitutes may be used

This institution is an equal opportunity provider.

Other Breakfast Options Available Daily

Cereal Un crustables Breakfast Breads Yogurt & Granola