

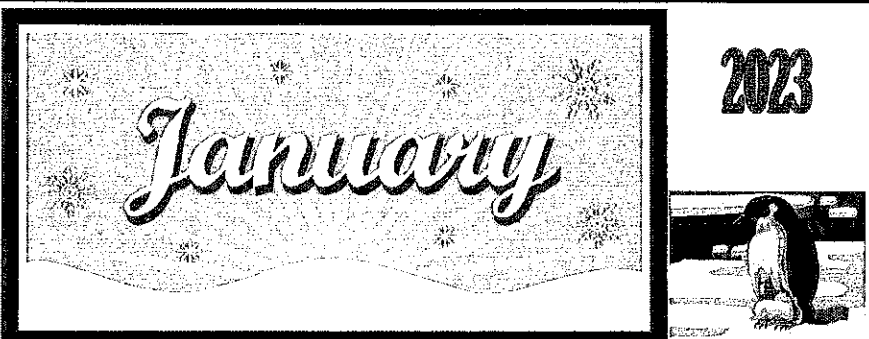


# West Bend Mallard Community School District

Mon., January 2, 2023	Tues., January 3, 2023	Wed., January 4, 2023	Thurs., January 5, 2023	Fri., January 6, 2023
<p>No School Winter Break</p> 	<p>No School Teacher PD/Flex Day</p> 	<p>Breakfast: Cereal &amp; Toast, Fruit, Juice, Milk Lunch Chicken Patty/WG Bun Carrots Broccoli Applesauce Peaches Milk</p>	<p>Breakfast: Pancakes, Fruit, Juice, Milk Lunch Rodeo Burger (BBQ burger w/Cheese &amp; Onion Rings) Ranchero Beans Potato Mixed Fruit Orange Slices Milk</p>	<p>Breakfast: Breakfast Bar &amp; Toast, Fruit, Juice, Milk Lunch Calzones Green Beans Mixed Vegetables Apricots Pears Milk</p>
Mon., January 9, 2023	Tues., January 10, 2023	Wed., January 11, 2023	Thurs., January 12, 2023	Fri., January 13, 2023
<p>Breakfast: Scrambled Eggs &amp; Toast, Fruit, Juice, Milk Lunch Chicken Alfredo Breadstick Peas Carrots Mixed Fruit Pears Milk</p>	<p>Breakfast: Waffles, Fruit, Juice, Milk Lunch Goulash Bread &amp; Butter Garlic Parm Broccoli Green beans Applesauce Citrus Fruit Cup Milk</p>	<p>Breakfast: Egg &amp; Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Haystacks (Rice, Taco Meat, Chips) Taco Fiesta Beans Roasted Mix Vegetables Pineapple Peaches Milk</p>	<p>Breakfast: Cheesy Bacon Grits, Fruit, Juice, Milk Lunch Soup &amp; Salad Chili Crackers Cinnamon Roll Romaine Juice Fresh Fruit Milk</p>	<p>Breakfast: Donuts &amp; Sausage Link, Fruit, Juice, Milk Lunch Corn Dog Tri Tator Baked Beans Strawberries &amp; Bananas Other Fruit Choice Milk</p>
Mon., January 16, 2023	Tues., January 17, 2023	Wed., January 18, 2023	Thurs., January 19, 2023	Fri., January 20, 2023
<p>Breakfast: Biscuit &amp; Gravy, Fruit, Juice, Milk Lunch Italian Pasta Bake Bread &amp; Butter It. Blend Vegetables Mixed Vegetables Peaches Applesauce Milk</p>	<p>Breakfast: Egg &amp; Bacon Croissants, Fruit, Juice, Milk Lunch Chicken Nuggets Ranch Mashed Potatoes Broccoli Candied Beets Pears in Jello or Plain Jello Cornbread Milk</p>	<p>No School Teacher PD</p>	<p>Breakfast: Cereal &amp; Toast, Fruit, Juice, Milk Lunch Beef Enchilada Cilantro Lime Rice Refried Beans Cali Blend Vegetables Mandarin Oranges Cowboy Fruit Milk</p>	<p>Breakfast: Breakfast Burrito, Fruit, Juice, Milk Lunch Pizza Romaine Salad Raw Carrots Fresh Fruit Milk</p>
Mon., January 23, 2023	Tues., January 24, 2023	Wed., January 25, 2023	Thurs., January 26, 2023	Fri., January 27, 2023
<p>Breakfast: Power Bites &amp; Toast, Fruit, Juice, Milk Lunch Chicken &amp; Biscuit Mashed Potatoes Peas &amp; Carrots Fresh Fruit Cup Pineapple Milk</p>	<p>Breakfast: French Toast, Fruit, Juice, Milk Lunch Stir Fry Fried Rice Oriental Vegetables Broccoli Orange Slices or Pineapple Milk</p>	<p>Breakfast: Egg &amp; Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Lasagna Garlic Bread Green Beans Peaches Pears Milk</p>	<p>Breakfast: Breakfast Pizza, Fruit, Juice, Milk Lunch Soup &amp; Salad Veg Beef Stew Cheddar Biscuit/Crackers Romaine Fresh Fruit Milk</p>	<p>Breakfast: Coffee Cake, Fruit, Juice, Milk Lunch Hot Dogs Baked Beans Carrots Mixed Fruit Other Fruit Choice Milk</p>
Mon., January 30, 2023	Tues., January 31, 2023			
<p>Breakfast: Omelets &amp; Toast, Fruit, Juice, Milk Lunch Cheesy Ham &amp; Noodles Bread &amp; Butter Green Beans Peaches Summer Fruit Cup Milk</p>	<p>Breakfast: Pancake on a Stick, Fruit, Juice, Milk Lunch Chickenlomein Carrots Broccoli Citrus Fruit Cup or Pears Milk</p>			

**Menu Subject to Change**  
Applicable Substitutes  
may be used

This institution is an equal opportunity provider.

Other Breakfast Options Available Daily

Cereal    Uncrustables    Breakfast Breads    Yogurt & Granola

# West Bend Mallard Community School District

				Wed., February 1, 2023	Thurs., February 2, 2023	Fri., February 3, 2023
				Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Burrito Texan Beans Carrots Fruit Choice Churro Milk	Breakfast: Frudels, Fruit, Juice, Milk Lunch Hamburger/Cheese Slice W.G. Bun (lettuce, tomato, onion) Broccoli Tater Tots Rosy Applesauce Extra Grain HS Milk	Breakfast: Breakfast Bar & Toast, Fruit, Juice, Milk Lunch Calzones Green Beans Mixed Vegetables Apricots Pears Milk
Mon., February 6, 2023	Tues., February 7, 2023	Wed., February 8, 2023	Thurs., February 9, 2023	Fri., February 10, 2023		
Breakfast: Scrambled Eggs & Toast, Fruit, Juice, Milk Lunch Country Beef or Meatloaf Mashed Potatoes & Gravy Green Beans Carrots Bread & Butter Cinnamon Applesauce Mixed Fruit Milk	Breakfast: Waffles, Fruit, Juice, Milk Lunch Hot Ham & Cheese\ WG Bun Broccoli Tator Tots Apricots Pears Extra Grain HS Milk	Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Spaghetti Pie w/Meatballs Garlic Parm Peas Cali Blend Vegetables Peaches Mixed Fruit Milk	Breakfast: Oatmeal, Fruit, Juice, Milk Lunch Soup & Salad Chicken Ramen Crackers/Chinese Noodles Romaine Juice Mandarin & Pineapple Milk	Breakfast: Breakfast Bar & Toast, Fruit, Juice, Milk Lunch Pizza Mixed Vegetables Calico Beans Fresh Fruit Cookie Milk		
Mon., February 13, 2023	Tues., February 14, 2023	Wed., February 15, 2023	Thurs., February 16, 2023	Fri., February 17, 2023		
Breakfast: Biscuit & Gravy, Fruit, Juice, Milk Lunch Openface Turkey & Gravy on bread Mashed Potatoes Green Beans Pears Mixed Fruit Milk	Breakfast: Cinnamon Roll & Sausage, Fruit, Juice, Milk Lunch Mr. Rib Patty on WG Bun Broccoli Spaghetti Corn Citrus Fruit Cup Strawberries & Bananas Milk	No School Teacher PD 	Breakfast: Cereal & Toast, Fruit, Juice, Milk Lunch BBQ Sandwich Ranch Baked Potato Baked Beans Grapes Mixed Berry Cup Sun Chips Milk	Breakfast: Egg Bake & Toast, Fruit, Juice, Milk Lunch Haystacks (taco meat, rice, chips) Carrots Corn Fresh Fruit Milk		
Mon., February 20, 2023	Tues., February 21, 2023	Wed., February 22, 2023	Thurs., February 23, 2023	Fri., February 24, 2023		
Breakfast: Egg & Bacon Croissants, Toast, Fruit, Juice, Milk Lunch Pork Tender Sandwich/WG Bun Mixed Vegetables Baked Beans Apple Juice Peaches Milk	Breakfast: Pancake on a Stick, Fruit, Juice, Milk Lunch Goulash Bread Stick Cali Blend Vegetables Green Beans Pears Mandarin Oranges Milk	Breakfast: Egg & Cheese Biscuit/Sausage, Fruit, Juice, Milk Lunch Cheese Dippers w/ Marinara Sauce Raw Vegetables Fresh Fruit Banana Bar Milk	Breakfast: Coffee Cake, Fruit, Juice, Milk Lunch Soup & Salad Taco Soup Tortilla Chips Romaine Mixed Fruit Milk	Breakfast: Cheesy Bacon Grits, Fruit, Juice, Milk Lunch Macaroni & Cheese Bread & Butter Carrots Broccoli Pineapple Milk		
Mon., February 27, 2023	Tues., February 28, 2023	Wed., March 1, 2023	Thurs., March 2, 2023	Fri., March 3, 2023		
Breakfast: Pancakes, Fruit, Juice, Milk Lunch Scalloped Potatoes & Ham Hot Roll Broccoli Carrots Pears Mixed Fruit Milk	Breakfast: Omelet & Toast, Fruit, Juice, Milk Lunch Chicken Patty on WG Bun Mixed Vewgetable Corn Rosy Applesauce Pineapple Milk	Breakfast: Egg & Cheese Biscuit, Fruit, Juice, Milk Lunch Cowboy Pasta Bake Bread & Butter Peas N Carrots Corn Peaches Citrus Fruit Cup Milk	Breakfast: Oatmeal, Fruit, Juice, Milk Lunch Crisпитos Spanish Rice Rancho Beans Cali Blend Vegetables Fresh Fruit Milk	No School Teacher Comp Day 		

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